Brownsville Independent School District

2018 Summer Aquatic Programs



EDUCATIONAL AQUATICS

Parent and Child

Program description: Our classes offer an experience for both parent and child to adapt to the water and further their water experience in a 1-week session with four 30 minute lessons which are held Mon.-Thurs. (ages 1—3)

Please Note: All children in diapers must use swim diapers during class.

Fee[.]

Schedule:

Per Session \$ 25.00 Session 1 - June 12(Tues) - 15 (10mo.-1 year)

Gov't Employees \$ 20.00 Session 2- June 18—21 (2 year olds) BISD Employees \$ 15.00 Session 3 - June 25—28 (3 year olds)

Time: 1:00PM-1:30PM

Learn-To-Swim

Program description: Our classes offer two 2-week sessions with eight 45 minute lessons which include (35 min. of instruction and 10 min. of supervised free time) held Mon.-Thurs. Ideal Class Ratio: 7 to 1. (ages 4—13)
*The 14-17 and 18 & older classes, only

include 35 minutes of instruction.

Fee:

Per Session \$45.00 Gov't Employees \$35.00 BISD Employees \$30.00

Session 1 & 2 Times: (Session 1: June 12 (TUES)—June 21, Session 2: June 25—July 6 (NO classes 4th of July))

1:45—2:30 p.m. 2:30—3:15 p.m. 3:15—4:00 p.m. 4:00—4:45 p.m.

4:00—4:35 p.m. (14—17)* 4:00—4:35 p.m. (18 & older)*

6:00—6:35 p.m. (14—17)* 6:00—6:35 p.m. (18 & older)*

Session 3 Times: (July 09—19)

9:00—9:45 a.m. 9:45—10:30 a.m.

10:30—11:15 a.m.

1:45—2:30 p.m. 2:30—3:15 p.m.

3:15—4:00 p.m.

4:00—4:45 p.m.

4:00—4:35 p.m. (14—17)*

4:00—4:35 p.m. (18 & older)* 6:00—6:35 p.m. (14—17)*

6:00-6:35 p.m. (18 & older)*

BISD Summer Recreational Swimming

Program description: This course offers stroke technique for participants that pass a swim test. Supervision and instruction provided.

Ages: 8—high school

Fee: no cost

Schedule:

June 12 (Tues)—June 29 (Monday—Friday)

Class 1:

8:30—9:30a.m Stroke Technique

Class 2:

10:00—11:00a.m. Swim Workout & Beginner Diving Fundamentals

11:00am—12:00pm Swim workout or Advanced Diving Fundamentals



2010 G. Daniel Lopez

RECREATIONAL AQUATICS

Wellness Swimming

Program description: We offer lap swimming and weight training. Assistance available upon request. (Adults only)

Fee: Monthly membership \$30.00 Gov't Employees \$25.00 BISD Employees \$20.00

Schedule:

Summer Only 6:00a.m.—8:00 a.m. (**M-F**) 12:00p.m.—2:00 p.m. (**M**—**F**) 6:00p.m.—8:00 p.m. (**M**—**Th**)

Water Exercise

Program description:

Aquarobics is a program based on water exercise, where the water is used for body support and resistance. We offer low-impact aerobics and weight training. Each class is 45 minutes long.(M—Th).

Fee: Monthly membership \$25.00 Gov't Employees \$20.00 BISD Employees \$15.00

Schedule:

6:15—7:00 a.m. 5:00—5:45 p.m. 6:00—6:45 p.m. 7:00—7:45 p.m.

Family Fandango

Program description: An

opportunity for the whole family to enjoy the water and have some fun. Children 12 and under must be accompanied by an adult. Children 6 and under must be accompanied by an adult in the water. Join us for a good splash! Only Thursdays.

Fee: Adults \$2.00 Students \$1.00

Time: 6:00 p.m.—8:00 p.m.

Schedule:

June 14, 21, 28 July 05, , 12, 19, 26.



Come make waves at our pool!



REGISTRATION STARTS:

Saturday, April 28, 2018 Doors will open at 8:00 a.m.

MARGARET M. CLARK
Aquatic Center

956-698-0064 Website: www.bisd.us/Aquatics